



Discover Your Heart

Planning 2021 /2022

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
		Castelmoron/Lot Salle de l'olivier 17H30 -18H45 Yin yoga	Castelmoron/Lot Salle de judo 17H30 -18H45 Yoga postural	
		Castelmoron/Lot Salle de l'olivier 19H -20H15 Yin yoga	Castelmoron/Lot Salle de judo 19H -20H15 Yoga postural	